December Wreakfast Menu

Milk and Juice

You can also choose white or chocolate milk and a variety of fruit juices including apple, cranberry, grape and orange-pineapple.

Fruits

Choose from fresh apples, bananas, oranges or a variety of canned fruits to start your morning.

Grains

Choose from a variety of dry cereal, toast bagel, English muffin or try a cereal bar.



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 KANGAROO SANDWICH
4 SCRAMBLED EGGS BACON	5 SAUSAGE GRAVY BISCUIT	6 WAFFLES/SYRUP CREAM OF WHEAT	7 ENGLISH MUFFIN BREAKFAST SANDWICH	8 CHERRY FRUDEL
11 FRENCH TOAST	12 OATMEAL BLUEBERRY BAKE	13 BOILED EGG SAUSAGE PATTIE MALT O MEAL	14 BREAKFAST PIZZA	15 SAUSAGE PANCAKE



December Lunch Mehu

There is a variety of milk and juice available at each meal as well as a variety of fruits to choose from.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Clubhouse Chicken Au Gratin Potatoes Glazed Carrots Salad Bar Roll
4	5	6	7	8
Hamburger w/fixins Or	Green Chile Chicken Enchilada	Chicken Penne Pasta Or	Meat Loaf Or	Chimichanga w/
Hot Dog	Or	Chicken Manicotti	Roast Pork	Chili and Cheese
French Fries	Red Chili Cheese Enchilada	Seasoned Broccoli	Mashed Potatoes/Gravy	Seasoned Green Beans
Salad bar	Refried Beans	Salad Bar	Salad bar	Salad Bar
	Salad bar	Breadsticks	Wheat Roll	
11	12	13	14	15
Homemade Grilled Cheese	Grilled Salmon Or	Breaded Oven Fried Chicken Or	CHRISTMAS	Variety of Pizza
Harvest Tomato Soup	Macaroni and Cheese	Baked Chicken	FEAST	Steamed Carrots
Salad Bar	Asparagus Spears	Pasta w/Tomato Sauce		Salad Bar
	Salad Bar	Summer Squash	MEXICAN	
	Wheat Roll	Salad Bar	FOOD	







December Janaer Menu

There is a variety of milk and juice available at each meal as well as a variety of fruits to choose from.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY		
4 Chicken Strips Mashed Potatoes/Gravy Seasoned Green Beans Garlic Toast Salad Bar	5 Meat Ball Sub Waffle Fries Corn on the Cob Salad Bar	6 Fish Sandwich Chips Cucumber Tomato Salad Salad Bar	7 Beef or Chicken Tostada Refried Beans Tossed Salad w/Dressing			
11 Pulled Pork Sandwich Ranch Style Beans Steak Fries Salad Bar	Sour Cream Chicken Brown Rice Peas & Carrots Salad Bar Breadsticks	13 Hamburger w/fixins Or Hot Dog Potato Salad Baked Beans Salad Bar	14 Steakfingers Mashed Potatoes/Gravy Summer Squash Tossed Salad			





